



RUDY'S

ORGANIC WORLD

ATHLETES CAFE

PLEASE ORDER & PAY AT THE COUNTER

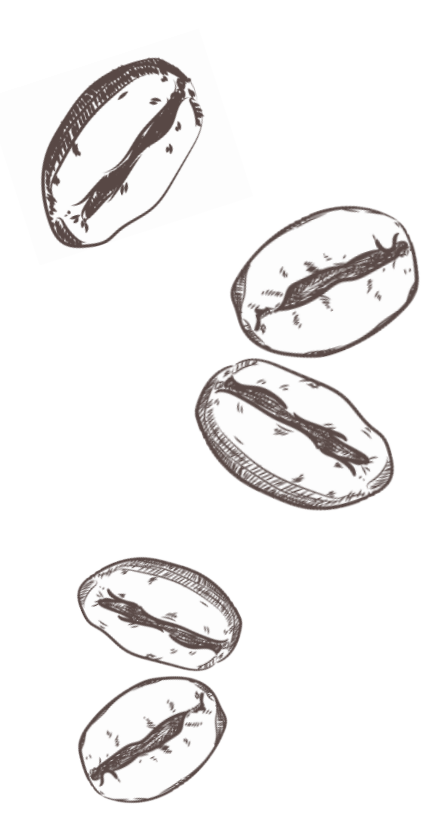
REAL FOOD

# DRINK MENU

- ESPRESSO \$3.5
- RISTRETTO \$3.5
- MACCHIATO \$4
- PICCOLO LATTE \$4
- LONG BLACK \$4.5



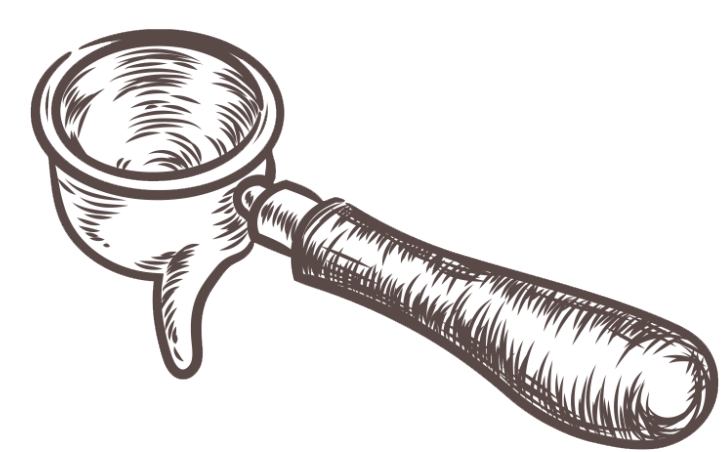
- |  | SMALL (8oz) | MEDIUM (12oz) |
|--|-------------|---------------|
| CAPPUCINO                                  | \$5         | \$6           |
| FLAT WHITE                                 | \$5         | \$6           |
| LATTE                                      | \$5         | \$6           |
| MOCHA                                      | \$5         | \$6           |
| size <b>LARGE</b> (16oz) for takeaway only |             | \$7           |



**RUDY'S BULLET** \$6.5  
energizing long black blended with butter & MCT oil, server with cinnamon

**GOOD MORNING** \$7  
bulletproof coffee blended with cacao, served with rose petals

**CHARCOAL LATTE** \$8  
coffe + activated charcoal powder hot or iced



## ADD ONS

- |              |       |                  |       |
|--------------|-------|------------------|-------|
| Almond, soy  | \$0.9 | Decaf            | \$0.5 |
| Coconut, oat | \$0.9 | Vanilla, caramel | \$0.8 |
| Extra shot   | \$0.5 | Org. honey       | \$0.5 |

## ICE COFFE

- ICED BLACK \$4.5
- ICED LATTE \$6
- ICED MOCHA \$6.5
- COLD BREW \$5.5
- COLD DRIP \$6.5
- COFFEE TONIC \$8.5



## LATTE LOVERS & FOR KIDS

- |                | SMALL (8oz) | MEDIUM (12oz) |
|----------------|-------------|---------------|
| TURMERIC LATTE | \$6         | \$6.5         |
| MATCHA LATTE   | \$6         | \$6.5         |
| CHAI LATTE     | \$6         | \$6.5         |
| CACAO          | \$6         | \$6.5         |
| BABYCINO       | \$2         |               |

size **LARGE** (16oz) for takeaway only \$7



## FRESH COLD PRESSED JUICES

- ORANGE 275ml \$9
- HEART BEET (beetroot, orange, strawberries)
- TROPI-KALE (pineapple, orange, banana, kale)
- DETOX (apple, beetroot, celery, ginger)
- REFRESH (cucumber, apple, lemon, lime)
- MAKE YOUR OWN JUICE \$10.5



## TUMMY FILLERS 400ml

- VANILLA PROTEIN SHAKE** \$10  
banana, vanilla protein, real vanilla essence, milk, honey optional 
- NR. 1** \$11  
double shot espresso, almond butter, dates, almond milk
- DRINK OF THE MAYAN GODS** \$11  
cacao, crushed cacao beans, dates, banana, maca, cinnamon, almond milk
- COCONUT DREAM** \$11  
shredded coconut, MCT oil, vegan vanilla protein, banana, coconut cream, unsweetened coconut milk 
- BEACH TIME** \$11  
mango, banana, coconut milk, coconut yoghurt, honey
- SHARK SMILE** \$10  
mix of berries, cranberries, goji berries, banana

## COLD DRINKS

- COLA** (suger-free, made with real cola nut)
- GINGERELA** (fiery kick comes from ginger, lemon and vanilla)
- LEMONADE** 300ml \$5.8
- TEA SELECTION** 330ml \$5

FOOD MENU 